



LOSS AND BEREAVEMENT AWARENESS

Course overview

Understanding loss and its impact
Grief – understanding theories of grief
Communication
Complicated grief
Putting it all into practice
Applying to situations
Self care and supporting the team
Agencies who can help
Covid-19 – understanding our responses

Suitable for: anyone involved in working with or supporting bereaved people

Equipment required: a computer, phone or tablet with internet connection, video and microphone function, able to run GoToMeeting.

Learning Outcomes

- Understand the impact of loss
- Knowledge of the theories of grief
- Improved communication skills
- Understand complex grief
- Awareness of self care and team support
- Understand response to Covid-19

During the online training, attendees can submit questions and comments using the Chat function. The trainer will answer these at the end of the course.



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The ICCM and Cruse have developed this training course specifically for anyone involved in working with bereaved people. The course provides an invaluable introduction to how grief can affect people, and how you can use that understanding to better help them.

Programme

10.05 Sign in available
10.15 Introduction
10.20 Understanding loss and its impact
10.45 Grief – understanding theories of grief
11.30 Short break
11.45 Communication
11.45 Complicated Grief
12.00 Putting it all into practice
12.15 Looking after yourself
12.45 Questions and answers
13.00 Finish